



# BLUE VALLEY PHARMACY PROGRAMS

## REDUCE PRESCRIPTION DRUG COSTS

### STEP THERAPY

Step Therapy program requires that members have a prescription history for a “first-line” medication before the plan will cover a “second-line” drug.

- A first-line drug is sometimes a generic drug that is recognized as safe and effective in treating a specific medical condition, as well as a cost-effective treatment.
- A second-line drug is a less-preferred or potentially more costly treatment option.

**STEP 1:** When possible, your doctor should prescribe a first-line medication appropriate for your condition.

**STEP 2:** If your doctor determines that a first-line drug is not appropriate for you or is not effective in treating your condition, your prescription drug benefit will cover a second-line drug when certain criteria are met. Your provider will need to work with Express Scripts to ensure the clinic criteria is provided to Express Script so the second-line drug approval can be obtained.

### SELECT HOME DELIVERY INCENTIVE CHOICE

Select Home Delivery (SHD) helps eligible members\* save on maintenance medications by switching to mail order. The program empowers eligible members\* to make their own choice about where they obtain their maintenance medications.

Here’s what impacted members need to do:

- Choose how you want to obtain your maintenance medication: Home Delivery or Retail Pharmacy.
- Contact Express Scripts if you want to switch to Home Delivery for your maintenance medication.
  - » Phone: 888-218-2579 (toll free)
  - » Web: BlueKC.com
- **If you decide to continue to fill your maintenance medication at a retail pharmacy,**

**your copayment will increase by \$10 after your second fill at the pharmacy.**

- **If you switch to home delivery, you will not incur an increased copayment.**

We encourage members to take advantage of the savings and convenience of home delivery for maintenance medications.

### SPECIALTY MEDICATIONS: GET INDIVIDUALIZED SERVICE THROUGH ACCREDO

Specialty medications are drugs that are used to treat complex conditions, such as growth hormone deficiency, hemophilia, hepatitis C, immune deficiency, multiple sclerosis and rheumatoid arthritis. Accredo, an Express Scripts specialty pharmacy, is composed of therapy-specific teams that provide an enhanced level of individual service to patients with special therapy needs.

**If you take a specialty medication, you may receive a letter further explaining the benefits of using Accredo.**

Whether they’re administered by a healthcare professional, self-injected, or taken by mouth, specialty medications require an enhanced level of service. By ordering your specialty medications through Accredo, you can receive:

- Toll-free access to specialty-trained pharmacists and nurses 24 hours a day, 7 days a week
- Delivery of your medications within the United States, on a scheduled day, Monday through Friday, at no additional charge
- Most supplies, such as needles and syringes, provided with your medications
- Safety checks to help prevent potential drug interactions
- Refill reminders

\* 2017 medical plan members can utilize the mail order pharmacy, however, the Select Home Delivery Incentive Choice with the \$10 penalty only applies to the HMO Base plan and the PPO Base and Buy Up plans.